

**PHYSICAL EDUCATION ABSENCE
ACTIVITY MAKE-UP**

Physical education and daily physical activity are VERY important. If you miss activity in physical education class, you are expected to make up the lost activity time by completing 30 minutes of sustained activity. When you have completed the activity, please fill out the information below and have an adult supervising the activity verify by signing below.

Student's Name: _____

Date(s) of absence: _____

Date make-up activity was completed: _____

Time spent on activity: _____

Check which type of activity:

- Parks and Rec. Sport FMS Intramurals Other activity: _____

X _____

Signature of coach/sponsor/parent